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COLOURS: 102 tartrazine, 104 quinoline, 110 sunset yellow, 122 carmoisine, 123 amaranth, 124 ponceau, 127 erythrosine, 129 allura red, 132 indigotine, 133 brilliant blue, 142 green S, 143 fast green, 151 brilliant black, 155 brown HT 160b annatto [natural]

PRESERVATIVES: 200-203 sorbates, 210-219 benzoates, 220-228 sulphites, 249-252 nitrates & nitrites, 280-283 propionates, cultured/fermented dextrose/wheat

SYNTHETIC ANTIOXIDANTS: 310-312 gallates, 319-321 TBHQ, BHA, BHT

FLAVOUR ENHANCERS: 620-625 MSG monosodium glutamate, 627 disodium guanylate, 631 disodium inosinate, 635 ribonucleotides, yeast extract, HVP

FLAVOURS: Avoid strong flavours